

mandhirappAvai pOtri



Chanting the Mandhirappavai potri gives a sense of mental fulfilment or satisfaction. This potri was written by Saint Agastya. Mother Mandhirappavai protects and ensures that the yogic deeds and worships of saints attain their fruits without any hurdles. Mother Mandhirappavai resides at the centre of our forehead (*thirigONa sakthi*) as *Vaalai, Paraaparai* or *ManOnmaNi*.

There is no specific time to worship Mother Mandhirappavai. Whenever one is struck by fear or confusion, he/she shall seek Mother Mandhirappavai's blessing by chanting this *potri*. Divine Mother showers relief to such devotees in a flash.

Nevertheless, those who worship Mother Mandhirappavai through this *potri* every evening with a ghee lamp, sweet (or) puffed rice as *prasadam* in front of her picture are safe guarded by the Mother from *drishti*, negative energies, black magic, *vastu-dhosha* etc.

Note: We have tried our best to bring out the original Tamil pronunciation in this document. We suggest you read the below Potrigal along with the audio (can be downloaded as mp3 from our website <https://pallikaranaisakthi.org/downloads>) during the first few occasions.

Potrigal

Om ambaramE agaNdameE Adhi thAyE potri

Om AthiyandhamillAdha arUba thAyE potri

Om sambaraiyE mavuna njAna theLiveE potri

Om sachidhAnandha veLi thAyE sudarE potri

Om nambaraiyE nAdhAndha karuNai viththE potri

Om umbaraiyE umbarukkum ettA mudhaleE potri

Om ari ayanukkum ettA sevvaNNamE potri

Om OngAram kadandhu niRa oLi peNNE potri

Om oLiyAgi oLi niRaindha veLiyumAnAy potri

Om onRagi iraNdAgi uRudhiyAgi ninRay potri
Om mavuna rasa yOgamenum njAnamAnAy potri
Om theLivAgi theLivinuLLE oLiyumAnAy potri
Om siththAgi rishigaL mukthargaL mavunamAnAy potri
Om neLivAgi suzhivAgi pinnar theLivAnAy potri
Om nEthraththukku adangAdha pUraNa oLiyE potri
Om pUraNamE karuNai vaLar bOdha thAyE potri
Om bOdha mayamAna sivayOga thAyE potri
Om kAraNamE kaN niRaindha kamala thAyE potri
Om kamalarasa pUraNamAy ninRa mAdhE potri
Om pUraNamAy sagalasiththum thane AnAy potri
Om magAmandhira sorUbamadhAy ninRa thAyE potri
Om sagala uyir prANa sakthiyAnAy potri
Om saptha saththa siththamumAnAy potri
Om kaNgalil kANginRa kaRpUra dheepa mAdhE potri
Om kayilAya vAsamuLLa kamala thAyE potri
Om pUNuginRa saththAgi siththumAgi ninRAy potri
Om pUraNamAi AnandhamAi paraveliyil ninRAy potri
Om UNuginRa siththamum suththa thaththuvamum AnAy potri
Om UnjaiyuLLa nAdhavindhu kAraNamAnAy potri
Om thOnRuginRa veLi oLiyin jOdhiyAnAy potri
Om jOdhi enRa Adhi andha vadivamAnAy potri
Om vadivAgi mudivAgi mAlum kANA nilaipetrAy potri
Om maNNuyirkellAm sakthi mayamAga iruppAy potri
Om adiYagi naduVagi vAnum thANdi virindhAy potri
Om aNda sarAsarangaLudan kalandhu iruppAy potri
Om thAnAgi neeyAgi mudivil onRANAy potri
Om mUchAgi mUchatra poruLumAgi veliyumAnAy potri
Om uruvAgi aruvAgi aru uruva sakthiyumAnAy potri
Om viLangi niRkum Anandha poruLumAnAy potri
Om poruLana vEdhantha siththAnthA poruLE potri

Om samarasa pOkkin punidha palanE potri
Om aruLAGi aruLirundha agaNDamumAnAy potri
Om aLavatra AgAsa rUbamAnAy potri
Om maruLAGi maruL neekum aRivumAnAy potri
Om magaththAna jOdhi siva sAtchiyAnAy potri
Om iruLAGi oLiyAgi veLiyumAnAy potri
Om Egathaththuva pUraNa sakthi pAvaiyE potri
Om thAyAgi thandhaiyAgi pinnar sEyumAvAy potri
Om sagala uyir prANigalin jeevanAnAy potri
Om kAyAgi kaniyAgi rasamumAnAy potri
Om maNNAgivi viNNAgipanjavidha chudarAnAy potri
Om ninaivatra idaththil nAdhamaNi OsaiyAvAy potri
Om kattuppadA manadhil Umai ena iruppAy potri
Om perum perum kaNdangaLAGa virindha mUlamE potri
Om pEraNDamAna pUraNa mandhirappAvaiyE potri
Om pUraNamAy kAraNamAy buththiyumAy viLanguvAy potri
Om pOkkAgi varaththAgi nilaiththumAgi iruppAy potri
Om kAraNamAy niRguNamAy karuNaiyAy iruppAy potri
Om karuNai sindhaiyil kaLipudan amarvAy potri
Om eNNadanga aNdangalin visaiyumAnAy potri
Om onRAgi palavAgi virivAgi veLiyAnAy potri
Om sollAgi kuRiyAgi poruLumAnAy potri
Om vEdhAnthakAtchiyum adhan kuRiyumAnAy potri
Om guNamAgi maNamAgi adhuvum kadandhiruppAy potri
Om Adhiyandha sUtchumaththin vizhiyumavAy potri
Om yOganeRi siththAga veLippaduvAy potri
Om siRidhAgi peridhAgi jeevanumAga iruppAy potri
Om theLivAna jeevanilai AdhAramAga niRpAy potri
Om nAngu vEdhangaLin mudivE pUraNa oLiyE potri
Om ashtAnga yOga palanE potri
Om pEroLiYay sitroLiyAy niRkum thAyE potri

Om AdhAra mUlamAna mandhirappAvaiyE potri
Om thaNNoliyum viNNoliyum thAnAgi iruppAy potri
Om aimbUdha virivum viriya cheidhAy potri
Om aimbUdha seyalAgi palanAgi pAril virindhAy potri
Om jadaporuLil aimpulangaLAnAy potri
Om aivagai uNarvaRiyum aRivumAnay potri
Om sEyAgi thiruvAgi selvamumAnAy potri
Om dhEvi manONmaNiyAna kaNNE potri
Om kaNNaGi kaN niRaindha kAtchiyAnAy potri
Om karuNai vaLar kaRpUra dheebamAnAy potri
Om onRAgi sakthi sivam iraNdumAnAy potri
Om sUriya chandhira param ena muchchudarAnAy potri
Om nAlvEdhamum aibaththOru mandhira atcharangaLumAnAy potri
Om vEdhAnthA panjakaraththAL aivagai sakthiyAnAi
Om uNmai viLangum sadAtcharam ARumAnAy potri
Om mukthiyuLLa vagai thOtram EzhumAnAy potri
Om kAkkum ashtAtcharangaL ettumAnAy potri
Om Adhi navakOLgaLukku dheetchaiyumAnAy potri
Om OmendRa dheetchai mandhiraththil uyirAnAy potri
Om OngAra reengAra uruvumAnAy potri
Om nAmenRa navvudanE mavvumAnAy potri
Om nalamAna sivvudanE vavvum yavvumAnAy potri
Om thAmenRa aiyudanE kiliyumAnAy potri
Om sagala uyirgaLil sav enRu ninRa pAvaiyE potri
Om thAyAgi mUlagaNapadhiyin OngAramAnAy potri
Om thaNmaiyuLLa suvAthittAna brammanumAnAy potri
Om mAi uRaiyum maNipUraga mandhiramAnAy potri
Om theeyin chudaril ruththiranumAy viLanguvAy potri
Om magEsvararudan magEswariyAy iruppAy potri
Om sadhAsivanudan manONmaNiyAy oLirvAy potri
Om sAgAkalai aRivikkum njAnaporuLE potri

Om njAnavAL karamEndhi anjnAna vanamazhippAy potri

Om kEdayam kaikoNdu theevinai thaduththALvAy potri

Om mOna punnagaiyil uNmai njAnam uNarththuvAy potri

Om guruvAy amarndhu ubadhEsam purivAy potri

Om malaradi saraNadaindhOm mandhirappAvaiyE potri

Om mAsatra aruLudan poruLum valimaiyum tharuvAy potri